











# Residential Programs | Forest & Rivers Central & North Thailand

We have a variety of resort based residential programs where students undertake multi activity programs with emphasis on school/curriculum requirements. Activities are day trip based with return to the resort each day. Some programs include an expediton/camping component with students spending one or more nights out at one of our lodges, in a national park or in a traditional hill tribe longhouse.

Access

Ex Bangkok, Ex Chiang Mai

Age Group

Camping and campcraft, trekking, cycling, climbing, archery, Thai cookery, bushcraft, teambuilding, kayaking, orienteering, whitewater journeying, community service, cultural interaction, wilderness skills, DoEIA programs Season

Year Round

**Program Duration** From 2 - 10 days

The Wild Lodge Khao Yai







Wild Lodge Camp | Muang Khong

ideal start point to many of our expeditions.

for all those who have passed through.

Wild Lodge Camp | Mae Teng

Our wilderness camp located high on the slopes of the Muang

Khong valley is used as a base camp to access the many activities

available to us in the surrounding area. From community outreach projects, to trekking, caving and camping. It is also the put-in for

our multi-day whitewater raft journey along the Mae Taeng River. Commanding stunning views across the paddy fields below, with

the spectacular peak of Doi Chiang Dao in the distance, it is the

The second of our camps, located on the banks of the lower section

multi day whitewater rafting expeditions. Equipped with full kitchen,

utilised as a staging area for our multi activity journeys based at local

resorts. From whitewater rafting and mountain biking to community

outreach projects and trekking, it provides a memorable experience

of the Mae Taeng river, lends itself to the final day take-out for our

dining area, WC and shower block, it is ideal for camping, and

Access

**Program Duration** 

bushcraft, teambuilding, kayaking, orienteering,

wilderness skills, DoEIA programs

whitewater journeying, community service, cultural

interaction, hilltribe study, coffee outreach program,

BANGKOK

G u 1 f

Thailand

Nakhon Si

Thammarat

Songkhla

From 4 - 6 days

**Activities** 

Season

The Wild lodge has a range of programs from 1 day adventure challenges to 10 day expeditions. We offer curiculum based field trips, inset training programs and DoEIA expeditons. Students can stay either in our A/C lodges, safari tents or free camp. Situated just one and a half hours from Bangkok, the lodge is easily acessible for day trips or longer. Regular professional development courses in a variety of outdoor disciplines are held at the lodge thoughout the year.



Road transfer from Chiang Mai (1 hour) **Program Duration** 

From 1/2 - 7 days Age Group

Activities

Season

Camping and campcraft, trekking, cycling, climbing, aerial challenge course, archery, Thai cookery, bushcraft, teambuilding, kayaking, orienteering, whitewater journeying, community service, cultural interaction, wilderness skills, DoEIA programs

S

The Nam Wa River



The Nam Wa river expedition is one of our more remote experiences, usually conducted over 4 days, 3 nights, with two of the nights camping on the banks of the Nam Wa river in basic river camps. All supplies are carried in and out on rafts, with self sufficiency being one of the key

The source of the Nam Wa River comes from high in the

Participants enjoy riverside camping with cool evenings (15 deg), healthy Thai meals, campfires and stargazing at night. This is a fantastic wilderness experience in the warm waters of a warm Asian river.

The Nam Wa river has pool and drop whitewater of between grades 2 and 4 down most of the expedition length. The whitewater sections are interspersed with grade 2 moving water allowing rests relaxation and the opportunity to get off the raft, swim and cool down. Students are expected to help with the campcraft and preparation of meals and packing and un-packing of the rafts. Raft teams are given camp duties on a rotational basis thoughout the expedition.

Full PPE and training is provided, and rafts helmed by Wild Planet IRF certified raft guides.

Access

**Activities** 

Overnight sleeper train from Bangkok (12 hours) Road transfer from Chiang Mai airport (4 hours) **Program Duration** Age Group From 4 - 6 days

Camping and campcraft, trekking, bushcraft, whitewater journeying, wilderness skills, DoEIA Season July - Feb

> **Residential Programs** Beach & Ocean : Rayong, Pranburi

For our coastal programs, we utilise the sea, islands, coast and hinterlands as activity locations. Based from a hotel setting, activities are both onsite and offsite with local transport being used where required. Activities tend to use adventurous activities to access community projects and study local ecosystems. From reefs, beaches and mangroves to turtle sanctuaries, wetland habitats and local places of historic interest.

**Locations in Thailand** 

Shown opposite are locations that we have thoughout Thailand, along with details of the type of activity at each

Residential programs in the North, Central & Southern

based either from our own locations or a choice of resorts.

**Scuba programs** in Bangkok & the islands of Koh Samui &

Sea Kayaking expeditions & Day trips in Koh Chang, Koh

Whitewater rafting day trips & expeditons in Northern &

**Trekking** in Central, Northern & North Eastern Thailand

Each individual activity also has a dynamically updated risk

assessments are provided when booking a program.

assessment used as a basis for the activity assessment carried out

All documentation is available on request and progam specific

Please contact us for specific itineraries

DoelA & NYA programs for Bronze, Silver & Gold expedtions

These include:

Koh Tao in the Gulf of Thailand

North-Eastern Thailand

thougout Thailand

RA | COP & SOP

& programs

Samet & The Anthong Marine Park.

We have a standard code of practice

responsibility + SOP's for all activities.

All activities are run by WP staff - no 3PP

by the facilitator before starting the activity daily.

outlining our general operations,

incident procedure and areas of

Biking in Central & Northern & Thailand

Access

Road transfer from Bangkok (2 1/2hours)

**Program Duration Age Group** From 2 - 5 days **Activities** Season

Beach, Reef study, Ocean Year Round Camping and campcraft, trekking, cycling, climbing, archery, Thai cookery, bushcraft, teambuilding, kayaking, SCUBA, snorkeling, orienteering, community service, cultural interaction, historical visits, turtle sanctuaries, animal rescue foundations, wilderness skills, DoEIA programs.



We have developed a number of sea kayaking routes around these two islands in the upper reaches of the Gulf of Thailand. Either with or without boat support, crossing and coastal routes take us from island to island. Students will stowe all equipment and food in single touring kayaks and either camp overnight, or stay

Koh Chang offers longer routes with a variety of paddling whilst Koh Samet offers a great introduction to sea kayak expeditioning.

Year Round

**Program Duration** 

From 2 - 5 days

Age Group Year 8+



Access Flight to Samui/Ferry (2 hours) **Program Duration** From 3 - 7 days

**Activities** 

Age Group

Scuba. Snorkel, Marine biology

Season Year Round (Monsoon Nov/Dec)

Koh Tao

Koh Tao is a small islandin the Gulf of

Thailand acessible by catermaran ferry

from either the Chumporn mainland or

Koh Samui (1 1/2 h) The best dive sites in

the gulf are a few minutes from Koh tao.

We have a number of dive and ocean

centre is open 365 days per year.

study programs based here and our dive

During trips Students stay in adjacent

beach resort resort and use the facilities at

our Planet Scuba Koh Tao dive centre.



aspects of the trip.

Doi Nun Mountains and before winding its way to Mae Charim, it flows through beautiful and remote valleys, passing through some incredible gorges and provides paddlers with some exilharating rapids along the way. Ranging from Grade 2 to Grade 4, all rapids are scouted for suitability prior to and during the trip.



Koh Chang & Koh Samet



Road transfer from Bangkok (2 1/2hours) Sea Kayak Season





# The Wild Planet!

We have over the last 25 years built a reputation for offering safe, fun and exciting adventure programs for Schools, colleges and corporate groups all over Thailand. Our mission statement has always been to offer first class programs, first class instruction and first class equipment within an adventurous but relatively safe environment.

We operate our programs in a way that promotes the active stewardship of our natural resources and surroundings and encourages current and future generations to protect it, but at the same time get out into nature and enjoy it.

We realize that this involves individual commitment and may not be embraced by all, but if we can have all of our guests leave us with a better appreciation of the outdoors then we are some way forwards to making a difference.

When designing programs the aim is to create an environment to further personal development through challenge, teamwork & peer interaction + encourage individuals to think differently than when in the classroom or workplace. It has been proved that the enrichment of an individuals life outside of theworkplace/classroom increases their chances of performing better, inside it.

We work with many international schools & colleges in S.E Asia & further afield.

We are always happy to provide references or contacts for a first hand review of our programs & practises

# Safety Guidelines

Safety is of paramount importance in all the arrangements we make. We understand that we have a responsibility for the health and safety of all our staff & clients & we take this responsibility extremely seriously. Although our programs do not come under the jurisdiction of English Law we have adopted UK BS8848 standards to reflect best practice as recommended by the DfE in its 'Health & Safety of Pupils on Educational Visits (HASPEV)' guidance. We also follow the AALA recommendations for best preferred practise. [or individual activities governing bodies if relevant.e.g. PADI, Paddle UK,

Our Code of Practise outlines our own operating procedures along with generic RA's & emergency protocol. A copy of this along with a program specific Risk Assessments (R.A) is provided for all programs.

# **Staffing Ratios**

Our minimum staffing ratio for our instructional staff to students is 1 to 10 In addition to this we request a staffing ratio of 1 to 10 from attending schools & colleges meaning our overall ratio is 1 to 5.

# Communications

Mobile telephones work in 98% of our program areas, reliable local operators are AIS and True. Alternatively, Esims can be purchased online by overseas visitors prior to arrival. During programs we also use 245 MHz radios for short range communications and in known non signal areas.

### All Inclusive?

Some of our activities may not be suitable for students with physical challenges, however, many can be facilitated to be inclusive. Disabilities, whether physical or otherwise, do not prevent students from participating in our programs.

# Transport

Fly: Into either Suwanabumhi (Bangkok), Chiang Mai (North), Phuket (Andaman Sea) or Koh Samui (Gulf of Thailand). Direct intl. flights are available into all these destinations.

By Vehicle: For highway travel we use either coaches or minibuses (depending on group)

Local transfers for activities often make use of Songtaews, which are licensed passenger trucks as these are able to access off road sites.

By Train: The sleeper train from Bangkok -Chiang Mai is used for some of our residential programs ex-Bangkok & our Nan rafting programs for budget conscious groups who do not wish to fly.

# **Emergency Services**

A comprehensive first aid kit is always on site and all instructors and activity staff have emergency first response training. Full evac.plans are in place for all activities. 4 wd vehicles are available 24/7 to access local medical facilities [notified prior to trip]. We carry full professional liability insurance.

# Social Media & Images

PS and WP will not publish any details video or images of the program whilst underway. Upon program completion no identifiable images will be used of students or staff for promotion of programs without prior permission/release



#### Downloads

All of our itineraries are in PDF format along with Code of practise, RA's & other trip data.

# Weather

Weather in Thailand is temperate all year round & even in the rainy season rain and storms only impact the scheduling and location of activities, we always have alternatives for inclement weather.

# Visas etc.

Most western countries are granted either a 15 or 30 day tourist visa upon arrival in Thailand. Visitors from a number of other countries however are required to apply for a visa from the Thai embassy in their home country before travel. Full details can be

found at http://www.mfa.go.th or by checking with the Thai Embassy in your country of origin

# Confidentiality

Any shared contact & personal medical details of students or teaching staff are only for emergency situations & only accessed if required during programs - no data is retained.

# More Information?

Please contact us anytime either via email, whatsapp or handphone [scan QR] for more details on specific areas or programs.

All of our activities are operated in house with our own equipment & staff so we can be very flexible with scheduling and programs can be easily tailored to specific clients without impacting the costs.







# TRIP DATA SHEET



PROGRAM	Wild Discovery	DATE: START	
DURATION	4 Days 3 Nights	DATE: END	
LOCATION	The Wild Lodge, Noen Hom, Prachinbu	ri, Thailand	
CLIENT			

Planet Scuba and The Wild Planet have over the last 30 years built a reputation for offering safe, fun and exciting adventure programs for schools, colleges and corporate groups all over Thailand. During 2021, using that experience we have re-designed, renovated and improved our original Wild Lodge base to offer a multifaceted location for residential, curriculum and adventure programs with first class instruction and first-class equipment within a relaxing, pleasant and ecologically sustainable environment.

We operate the Wild lodge in a way that promotes the active stewardship of our natural resources and





surroundings and encourages current and future generations to protect it, but at the same time get out into nature and enjoy it. We realize that this involves individual commitment and may not be embraced by all, but if we can have all of our guests leave us with a better appreciation of the outdoors then we are some way forwards to making a difference.

#### PRIOR TO ARRIVAL

The department head and student welfare representative will be taken on an actual or virtual pre-visit to the site prior to the finalization of the programs to address supervisory and safety protocols and to discuss program customization and optimization. If a number of teaching staff are involved in developing the program content, it is suggested all attend the pre visit/ pre trip meeting.

As all our activities are provided in house our program and activities can be customized to the requirements of each client school.

We are happy to visit the school if required and give a presentation to the students regarding what to expect on the residential. This can be fitted into a normal school assembly/lesson.

We can also conduct a separate or dual presentation / Q & A session for parents, outlining the program and our code of practice, safety procedures, COVID-19, and child safeguarding policies.

A full copy of our code of practice outlining operation (following BS 8848:2014), safety protocols, risk assessments and our complete child safeguarding training and policy documentation along with our current liability and indemnity insurance certification will be provided in advance of the program.

The Trip leader will receive, a packing list for the students and depending on activities we are delivering, study sheets and general information that can be utilized for preparation of students prior to arrival. (Further information at the end of the trip data sheet)



### **ACTIVITY SESSIONS**

#### **GROUP SIZE AND CHALLENGE LEVEL**

Students are split into smaller adventure groups to maintain instructional standards and students will move though all adventures during the program.

A 'challenge-by-choice' approach enables each student to achieve their own successful adventure in the context of their own aspirations free from peer or instructor pressure.

We have found during adventure activities; the greatest achievements are never in terms of the distance leapt or the height climbed and that in all our adventure activities everyone has a role to play.

All challenges are age appropriate.

Each session is approximately 3 hours duration (including breaks), allowing AM or PM scheduling within the program



#### BUSHCRAFT

Students will be instructed in some basic survival skills and then challenged within small groups to create a campfire using flint to cook a basic one-pot meal. They will also be tasked with building a shelter from bivvy materials (both natural and man-made) that is suitable to shelter the group if required to stay out overnight

This activity offers students practical skills and quantifiable results. It is one of most popular activities and great fun. Fires are made in a responsible manner using steel fire pans. The impact of shelter building and fire making on the environment will also be discussed.

### **CLIMBING, ABSEILING & BOULDERING**

During this session the students will make use of a number of elements that we have onsite at the Wild Lodge. They will split down into smaller groups and participate in three sessions: Climbing (Main tower), Abseiling (Main tower), Bouldering (Boulder wall). The climbing and abseiling tower is constructed on a network of pre-stressed utility poles and is integrated into our Aerial Challenge course.

During the climbing and abseiling sessions the groups will be wearing full PPE (harness and helmets). Students will be belayed by Wild Planet staff during the climbing and abseiling sessions. Spotting by Wild Planet Staff and students will be used during the bouldering session.



# THAI CUISINE WORKSHOP



Students will split into small groups and learn how to prepare some basic Thai dishes which will be available at the end of the session for tasting.

Students will be closely supervised and taught basic preparatory and cooking skills.

Students will also be given an overview of diet and health and its relationship to traditional Thai cooking.

#### LAKE KAYAKING

One of our most popular activities, students will be taught basic forward and reverse stokes, turning strokes and rescue techniques. Several games will be played throughout the session to practice the skills. All students will practice exiting and remounting the kayak. Double sit on top kayaks will be used for the program with the supervisory staff in conventional kayaks. Sit on tops are chosen, as there is no danger of the student becoming trapped underneath an up-turned boat. During the adventure session the students will complete a short journey. They are always under close supervision of instructors and the wearing of life jackets is mandatory.



#### **AERIAL CHALLENGE COURSE**

Our challenge course is a combination of high elements which are intended to offer students the chance to participate in a series of tailor made activities involving the taking of perceived mental, physical and emotional risks in a safe environment.

Students will be given a full safety briefing and belayed by an instructor whilst moving along the elements. Some of the elements are individual and some require group participation. The exact format of the course can be infinitely varied to suit the group.

# ADDTIONAL SESSIONS & WORKSHOPS

# **BREAKING THE ICE**

This is something that is supervised by the Wild Planet staff and includes several activities some 'old school' some new, that encourage the group to participate and mingle outside their normal friendship groups. Some games are initiative based whilst others are pure fun.

These games are used at the start of the residential to encourage ice breaking and team building and as fillers during down time throughout the program. Teaching staff are encouraged to join in.



#### **OTHER INFO**



#### ACCOMODATION

The Wild Lodge has a variety of accommodation options and depending on group size some or all can be utilized.

AC and Fan-cooled options available.

Accommodation can be easily split into gender specific areas, teaching staff/chaperone accommodation is separate from that of students although close enough to allow pastoral supervision.

TYPE	NO. OF UNITS	NO OF BEDS PER UNIT	TOTAL
Pool Villa	3	Up to 3	9
Lodges	8	Up to 8	64
Siam Lodge	2	1	2
Wild Lodge	2	2	4
Elevated Safari Tent	6	Up to 5	30
Ground Lvl. Safari Tent	4	Up to 4	16
Riverside Campsite	1	20 tents up to 5	100
Top Campsite	1	10 tents up to 5	50

#### THE HORNBILL CAMP STORE & SALA

A small on-site supply shop is run by the resort staff, selling organic products, snacks and drinks at reasonable prices. The exact requirements and any control of purchasing required can be discussed during the pre-visit.

#### MEALS

Food will be Thai style buffet. Please give prior notice of vegetarian requirements or any allergy specific needs. Meals will be taken in the main Hornbill Sala, water will be provided with meals.

Throughout the day, water will be available during all activities, students are also required to carry their own water bottle, which can be refilled on demand within the lodge.

All activity locations have a drink station.

Healthy snacks are provided as a break mid-morning and mid-afternoon.

#### **EQUIPMENT**

Full specialist equipment is provided for each student and accompanying school staff members for all activities. This will include PPE for water activities and harness and helmets for climbing activities. Full details are provided in our activity risk assessments. No student or staff member requires any previous experience, as full instruction will be given before any activity commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities. Full accident and evacuation protocols are in place for each location. A packing list can be provided detailing the clothing / personal equipment that students are required to provide as well as normal trip clothing.

#### **PACKING LISTS**

Wild Planet will be supplying all equipment necessary apart from personal clothing.

Students will be required to provide (in addition to their own personal clothing):

Water bottle and head torch Footwear suitable for water use Footwear suitable for trekking use



#### **SECURITY & VETTING**

PSWP instructional staff are on site 24/7 as are ancillary staff and security guard.

Your school will be the only program taking place at the Wild Lodge and during all programs the lodge is closed to outside visitors.

All PSWP instructional and ancillary staff have undergone child protection training as detailed in our CP policy documents.

#### **MEDICAL & DIETARY CONCERNS**

We require full disclosure of any medical or health conditions of either student or staff member that may be of concern during the program along with information of any dietary requirements. We have a wealth of experience in this area and most medical and dietary requirements can be handled allowing students to attend the program.

#### CONTACT INFORMATION DURING THE PROGRAM

In line with data protection concerns we do not request an emergency contact list for all participant's but we request that the trip leader has in their possession both hard and soft copy to which they can allow access if required on program. All parental contact to be conducted via the trip leader.



#### **SOCIAL MEDIA & IMAGING**

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### **SAMPLE ITINERARY**

NOTE: Activities and sessions run by Wild Planet staff. Sections highlighted are led by school staff with assistance (if required) by Wild Planet staff.

#### Day One

<del>Day Onc</del>			
1100	Group 1 Arrive Wild Lodge –	Day Four/One	
Orientation and	check into Lodges / Tents	0700	Wake up, & check out of tents /
1200	Lunch	rooms	
1300	Briefing	0800	Breakfast
1330	Session 1:	0900	Group 1 Depart for school
	Ice Breakers and Team Games	1100	Group 2 Arrive Wild Lodge –
1630	Session ends	Orientation and	check into Lodges / Tents
1730	Return to lodges / tents to wash up	1200	Group 2 Lunch & Briefing
1800	Dinner	1330	Ice Breakers and Team Games
1900	School Led Activity	1630	Session ends
2130	Lights out	1730	Return to lodges / tents to wash up
		1800	Dinner
Day Two		1900	School Led Activity
0700	Wake up & Breakfast	2130	<mark>Lights out</mark>
0800	Briefing	Day two to four	revert to previous schedule
0830	Activity session 1		

# **Day Three**

1200

1330

1630

1730 1800

1900

2130

0700	Wake up & Breakfast
0800	Briefing
0830	Activity session 3
1200	Lunch
1330	Activity Session 4
1630	Session ends
1730	Return to lodges / tents to wash up
1800	Dinner
1900	School Led Activity
2130	Lights out

Lunch

Dinner

Lights out

**Activity Session 2** 

School Led Activity

Return to lodges / tents to wash up

Session ends



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During the climbing and abseiling sessions the groups will be wearing full PPE (harness and helmets). Students will be belayed by Wild Planet staff during the climbing and abseiling sessions. Spotting by Wild Planet Staff and students will be used during the bouldering session.

Students are encouraged to support each other in the individual climbing activities and then work together as a group on the bouldering challenges.





# THAI CUISINE WORKSHOP

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Students will be closely supervised and taught basic preparatory and cooking skills.

Students will also be given an overview of diet and health and its relationship to traditional Thai cooking.

This is a workshop session that the students particularly enjoy.



#### **ARCHERY**

Within the grounds of the resort, we will assemble a 6 butt archery range and have a number of re-curve bows to suit all sizes of archer.

Students will shoot several arrows at the range and compete as a team in the overall team competition. Our staff are on hand to supervise the range and provide guidance and instruction for those that have never used a bow before.

Archery is a sport that requires concentration and the ability to relax and focus. The archery sessions are a good contrast to the more active adventures on the program.

#### **RIVERBED SCRAMBLE**

Running adjacent to the Wild Lodge is a forest river formed by run off during the rainy season from the surrounding hills. The river has been carved from rock and boulders many thousands of years ago and this river is our study route. Starting in the National Park itself we trek up a track to a small waterfall area. Below there we use the river bed to descend back down to the Wild Lodge. The stream is not flood prone and in the season that we descend has very little water flowing meaning it is easily possible to walk down.

Prior to the scramble a short session will be held on the local flora and fauna that can be found and students will be given a worksheet to complete during their scramble.



Students will wear helmets during the river scramble activity and Wild Planet guides will rig any sections that are difficult to navigate with hand lines. Water and worksheet will be carried by students in their daypacks.

Although strenuous this activity enables us to access the forest in an unorthodox way and students will experience the feeling of being completely immersed within the forest. Guides will also be pointing out the unique flora, fauna, and wildlife as we move into the park.



doubles. They acquire basic kayak skills and safety knowledge.

# LAKE KAYAKING

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This is a fun activity that is enjoyed by the students. They work together in teams of two, as all the kayaks are

#### **ADDTIONAL SESSIONS & WORKSHOPS**



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# OTHER INFO

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All activity locations have a drink station.

Healthy snacks are provided as a break mid-morning and mid-afternoon.

#### **EQUIPMENT**

Full specialist equipment is provided for each student and accompanying school staff members for all activities. This will include PPE for water activities and harness and helmets for climbing activities. Full details are provided in our activity risk assessments. No student or staff member requires any previous experience, as full instruction will be given before any activity commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities. Full accident and evacuation protocols are in place for each location. A packing list can be provided detailing the clothing / personal equipment that students are required to provide as well as normal trip clothing.

#### **PACKING LISTS**

Wild Planet will be supplying all equipment necessary apart from personal clothing.

Students will be required to provide (in addition to their own personal clothing):

Water bottle and head torch Footwear suitable for water use Footwear suitable for trekking use



#### **SECURITY & VETTING**

PSWP instructional staff are on site 24/7 as are ancillary staff and security guard.

Your school will be the only program taking place at the Wild Lodge and during all programs the lodge is closed to outside visitors.

All PSWP instructional and ancillary staff have undergone child protection training as detailed in our CP policy documents.

#### **MEDICAL & DIETARY CONCERNS**

We require full disclosure of any medical or health conditions of either student or staff member that may be of concern during the program along with information of any dietary requirements. We have a wealth of experience in this area and most medical and dietary requirements can be handled allowing students to attend the program.

#### CONTACT INFORMATION DURING THE PROGRAM

In line with data protection concerns we do not request an emergency contact list for all participant's but we request that the trip leader has in their possession both hard and soft copy to which they can allow access if required on program. All parental contact to be conducted via the trip leader.



# SOCIAL MEDIA & IMAGING

PS and WP will not publish any details video or images of the program whilst underway Upon program completion no identifiable images will be used of students or staff for promotion of programs without prior permission/release

# ITINERARY

NOTE: Activities and sessions run by Wild Planet staff. Sections highlighted are led by school staff with assistance (if required) by Wild Planet staff.

Day One		0800	Briefing
1100	Arrive Wild Lodge – Orientation and	0830	Activity session 3
check into Lodges	/ Safari Tents	1200	Lunch
1200	Lunch	1330	Activity Session 4
1300	Briefing	1630	Session ends
1330	Icebreakers & Team Games	1730	Return to Lodges / Safari Tents to
1630	Session ends	wash up	
1730	Return to Lodges / Safari Tents to	1800	Dinner
wash up		1900	Campfire – WP + <mark>School</mark>
1800	Dinner	2130	Lights out
1900	Night Line – WP+ <mark>School</mark>	Day Four	
2130	Lights out	0700	Wake up & Breakfast
Day Two		0800	Briefing
0700	Wake up & Breakfast	0830	Activity session 5
0800	Briefing	1200	Lunch
0830	Activity session 1	1330	Activity Session 6
1200	Lunch	1630	Session ends
1330	Activity Session 2	1730	Return to lodges / Safari tents to
1630	Session ends	wash up	
1730	Return to Lodges / Safari Tents to	1800	Dinner
wash up		1900	<mark>Disco</mark>
1800	<u>Dinn</u> er	2130	Lights out
1900	Quiz	Day Five	
2130	Lights out	0700	Wake up & Breakfast
Day Three		0900	Check out and depart for school .
0700	Wake up & Breakfast		



# TRIP DATA SHEET



PROGRAM	Wild Discovery	DATE: START	
DURATION	9 Days 8 Nights	DATE: END	
LOCATION	The Wild Lodge, Noen Hom, Prachinbu	ri, Thailand	
CLIENT			

Planet Scuba and The Wild Planet have over the last 30 years built a reputation for offering safe, fun, and exciting adventure programs for schools, colleges, and corporate groups all over Thailand. During 2021, using that experience we have redesigned, renovated, and improved our original Wild Lodge base to offer a multi-faceted location for residential, curriculum and adventure programs with first class instruction and first-class equipment within a relaxing, pleasant, and ecologically sustainable environment.



The department head and student welfare representative will be taken on an actual or virtual pre-visit to the site prior to the finalization of the programs to address supervisory and safety protocols and to discuss program customization and optimization. If several teaching staff are involved in developing the program content, it is suggested all attend the pre visit / pre trip meeting. As all our activities are provided in house, our program and

activities can be customized to the requirements of each client school.

We are happy to visit the school if required and give a short audio-visual presentation to the students regarding what to expect on the residential. This can be fitted into a normal school assembly / lesson.

We can also conduct a sperate or dual presentation / Q & A session for parents, outlining the program and our code of practice, safety procedures, Covid-19 and child safeguarding policies.

A full copy of our code of practice outlining operation (following BS 8848:2014), safety protocols, risk assessments and our complete child safeguarding training and policy documentation along with our current liability and indemnity insurance certification will be provided in advance of the program.

The Trip leader will receive, a packing list for the students and depending on activities we are delivering, study sheets and general information that can be utilized for preparation of students prior to arrival.



We operate the Wild lodge in a way that promotes the active stewardship of our natural resources and surroundings and encourages current and future generations to protect it, but at the same time get out into nature and enjoy it. We realize that this involves individual commitment and may not be embraced by all, but if we can have all our guests leave us with a better appreciation of the outdoors then we are some way

# PRIOR TO ARRIVAL

forwards to making a difference.



#### **GROUP SIZE AND CHALLENGE LEVEL**

Students are split into smaller adventure groups to maintain instructional standards and students will move though all adventures during the program.

A 'challenge-by-choice' approach enables each student to achieve their own successful adventure in the context of their own aspirations free from peer or instructor pressure.

We have found during adventure activities; the greatest achievements are never in terms of the distance leapt or the height climbed and that in all our adventure activities everyone has a role to play.

All challenges are age appropriate.

### **ACTIVITY SESSIONS**

Each session is approximately 3 hours duration (including breaks). These activities will be tied into the end of the program, allowing the students to draw upon the skills and experiences from the journey they have just completed.



#### **AERIAL CHALLENGE COURSE**

Our challenge course is a combination of high elements which are intended to offer students the chance to participate in a series of tailor-made activities involving the taking of perceived mental, physical, and emotional risks in a safe environment. Students will be given a full safety briefing and belayed by an instructor whilst moving along the elements. Some of the elements are individual and some require group participation. The exact format of the course can be infinitely varied to suit the group.

This is a fun and exciting adventure that will challenge the students. Groups are encouraged to work together as the exercise is intended to be a group effort.

#### **LAKE KAYAKING**

One of our most popular activities, students will be taught basic forward and reverse stokes, turning strokes and rescue techniques. Several games will be played throughout the session to practice the skills. All students will practice exiting and remounting the kayak. Double sit on top kayaks will be used for the program with the supervisory staff in conventional kayaks. Sit on tops are chosen, as there is no danger of the student becoming trapped underneath an upturned boat. During the adventure session the students will complete a short journey. They are always under close supervision of instructors and the wearing of life jackets is mandatory.



# THAI CUISINE WORKSHOP

Students will split into small groups and learn how to prepare some basic Thai dishes which will be available at the end of the session for tasting.

Students will be closely supervised and taught preparatory and cooking skills.

Students will also be given an overview of diet and health and its relationship to traditional Thai cooking.

### **ADDTIONAL SESSIONS & WORKSHOPS**

#### **BREAKING THE ICE**

This is something that is supervised by the Wild Planet staff and includes several activities some 'old school' some new, that encourage the group to participate and mingle outside their normal friendship groups. Some games are initiative based whilst others are pure fun.

These games are used at the start of the residential to encourage ice breaking and team building and as fillers during do time throughout the program. Teaching staff are encouraged to join in.



### **CAMPING, RAFTING & CYCLING JOURNEY**



different campsites along the way. They will be tasked with setting camp and provided with equipment and training to prepare their meals.

Whitewater rafting and rescue skills will be taught, enabling them to carry out the journey from camp 1 to camp 2. PPE will be provided for all, and each raft will be helmed by a Wild Planet raft guide.



Different modes of transport will be used – Rafting and Cycling to reach their destination. All providing them with a sense of purpose to the journey, whilst encouraging them to overcome difficulties, develop meaningful relationships, and gain a knowledge and respect of the environment they travel through. Students will spend several nights out in tents at



From Camp 2 they will switch to mountain bikes, undergoing further safety and competence training. Expedition bags will be carried in the support vehicle, whilst the students carry only what they require for the day cycle. One day will be spent exploring the local area of rice paddies and fruit farms to gain an insight into the everyday lives of the local people of Nakhon Nayok. The students will travel the back trails around the edge of Khao Yai National Park, visiting the various reservoirs along the way, stopping overnight at a local homestay, then onto the Wild Lodge where they will stay in lodges.

#### KHAO YAI NATIONAL PARK TREK AND CAMP



Day 6 sees the group transfer to Khao Yai National Park to experience the diverse flora and fauna Thailand has to offer.

Khao Yai is Thailand's first national park, established in 1962. Many mountains large and small make up the landscape. It is the source for important rivers such as the Nakhon Nayok River and the Mun River, and a fertile habitat for a diverse range of plant and animal species, such as wild elephant, muntjac, sambar deer, gaur and big cats, in a beautiful natural environment. Students will embark on a guided trek finishing at the famous Haew Suwat waterfall, seeing a multitude of wildlife along the way, such as hornbill, gibbons and deer to name but a few.

Camp will be set at the Laem Takong campsite, and students prepare their own

meals with the equipment and ingredients provided. We will conduct a small night safari

around the campsite, where porcupines, deer, civet and leopard cats are often seen. The night sky provides a spectacular view of the solar system, and we shall also conduct a star gazing activity before turning in for the night.

The following day, after breakfast and breaking camp, we return to the Wild Lodge.



### **OTHER INFO**



#### **ACCOMODATION**

The Wild Lodge has a variety of accommodation options and depending on group size some or all can be utilized.

AC and Fan-cooled options available.

Accommodation can be easily split into gender specific areas, teaching staff/chaperone accommodation is separate from that of students although close enough to allow pastoral supervision.

TYPE	NO. OF UNITS	NO OF BEDS PER UNIT	TOTAL
Pool Villa	3	Up to 3	9
Lodges	8	Up to 8	64
Siam Lodge	1	3 bedrooms- up to 9	9
Wild Lodge	1	4 bedrooms up to 12	12
Elevated Safari Tent	6	Up to 5	30
Ground Lvl. Safari Tent	2	Up to 4	8
Riverside Campsite	1	20 tents up to 5	100
Top Campsite	1	10 tents up to 5	50

# THE HORNBILL CAMP STORE & SALA

A small on-site supply shop is run by the resort staff, selling organic products, snacks and drinks at reasonable prices. The exact requirements and any control of purchasing required can be discussed during the pre-visit.

#### MEALS

Food will be Thai style buffet. Please give prior notice of vegetarian requirements or any allergy specific needs.

 $\label{eq:meals} \mbox{Meals will be taken in the main Hornbill Sala, water will be provided with meals.}$ 

Throughout the day, water will be available during all activities, students are also required to carry their own water bottle, which can be refilled on demand within the lodge.

All activity locations have a drink station.

Healthy snacks are provided as a break mid-morning and mid-afternoon.

Activities and sessions run by Wild Planet staff.

Evening sessions are assumed, unless stated otherwise, to be led by teaching/chaperone staff with assistance (if required) by Wild Planet staff.

		1200	Packed lunch on route
Day 1		1300	Continue bike to home stay
1055	SQ708 SINBKK 0930/1055	1600	Arrive home stay and set tents
1200	Depart BKK for Wild Lodge	1700	Prepare dinner
1300	Lunch stop @ Cholapruek Resort	1900	Evening Activity / Route planning
1530	Arrive Wild Lodge / Orientation / Check in to lodges	2130	In tents
1800	Dinner	Day 6	
1900	Evening Activity – The Week Ahead –	0700	Wake up & prepare own breakfast
	Expectations & Aspirations	0830	Break camp and depart for Wild Lodge by bike
2130	In lodges	1200	Lunch on route
		1300	Continue bike to Wild lodge
Day 2		1600	Arrive Wild Lodge and check in to lodges
0700	Wake up & breakfast	1800	Dinner
0800	Briefing	1900	Evening Activity
0900	Camp cookery session	2130	In Lodges
1200	Lunch		
1300	Kayak training session	<u>Day 7</u>	
1800	Dinner	0700	Wake up & breakfast
1900	Evening Activity	0800	Transfer by minibus to Khao Yai
2130	In lodges	0900	Arrive Khao Yai visitors center and collect Packed lunch
Day 3		0930	Trek to Haew Suwat waterfall – lunch on route
0700	Wake up & breakfast	1530	Arrive Haew Suwat waterfall and explore
0800	Minibus transfer to raft put in	1630	Transfer to camp site and set tents
0900	Ducky training session including throw bag	1800	Students prepare own dinner
	rescue skills & paddle to camp	1900	Night Safari & stargazing
1200	Lunch on route		
1400	Arrive camp and set tents	<u>Day 8</u>	
1500	Camp cooking tutorial using local produce	0700	Wake up & prepare own breakfast
1800	Students prepare own dinner	0900	Break camp
1900	Evening Activity / Stargazing	1000	Depart for Wild Lodge
2130	In tents	1100	Arrive Wild Lodge / Check in
		1200	Lunch
Day 4		1300	Bushcraft Session
0700	Wake up & prepare own breakfast	1800	Dinner
0830	Bike training	1900	Campfire
1200	Lunch	2130	In lodges
1400	Bike loop exploring local area		
1700	Prepare dinner	<u>Day 9</u>	
1900	Evening Activity / Route planning	0500	Wake up/pack
2130	In tents	0530	Breakfast
		0615	Depart Wild lodge for BKK
Day 5		0915	Arrive BKK – Check in
0700	Wake up & prepare own breakfast	1215	SQ707 BKKSIN 1215/1540
0830	Depart for home stay by bike		

#### **EQUIPMENT**

Full specialist equipment is provided for each student and accompanying school staff members for all activities. This will include PPE for water activities and harness and helmets for climbing activities. Full details are provided in our activity risk assessments. No student or staff member requires any previous experience, as full instruction will be given before any activity commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities. Full accident and evacuation protocols are in place for each location.

A packing list can be provided detailing the clothing / personal equipment that students are required to provide as well as normal trip clothing.

#### **PACKING LISTS**

Wild Planet will be supplying all equipment necessary apart from personal clothing, sleeping bag and footwear.

Students will be required to provide (in addition to their own personal clothing:)

Water bottle and head torch\*

Footwear suitable for river use

Footwear suitable for trekking use.

Light sleeping bag\*

\*Can be included in program price if required.

#### **SECURITY & VETTING**

PSWP instructional staff are on site 24/7 as are ancillary staff and security guard.

Your school will be the only program taking place at the Wild Lodge and during all programs the lodge is closed to outside visitors.

All PSWP instructional and ancillary staff have undergone child protection training as detailed in our CP policy documents.

#### **MEDICAL & DIETARY CONCERNS**

We require full disclosure of any medical or health conditions of either student or staff member that may be of concern during the program along with information of any dietary requirements. We have a wealth of experience in this area and most medical and dietary requirements can be handled allowing students to attend the program.

#### CONTACT INFORMATION DURING THE PROGRAM

In line with data protection concerns we do not request an emergency contact list for all participant's but we request that the trip leader has in their possession both hard and soft copy to which they can allow access if required on program. All parental contact to be conducted via the trip leader.



# SOCIAL MEDIA & IMAGING

PS and WP will not publish any details video or images of the program whilst underway Upon program completion no identifiable images will be used of students or staff for promotion of programs without prior permission/release





# **TRIP DATA SHEET**



PROGRAM	Ocean & Outdoors	DATE: START	
DURATION	5 Days 4 Nights	DATE: END	
LOCATION	Rayong, Central Thailand		
CLIENT			



Planet Scuba and The Wild Planet have over the last 30 years built a reputation for offering safe, fun, and exciting adventure programs for schools, colleges, and corporate groups all over Thailand.

Situated on the coastal strip of land between the Dongrak Mountain range and the Gulf of Thailand, Laem Mae Phim is ideally located for our ocean and outdoor residential program. Several small islands just offshore are ideal for our reef study program, which lend themselves to the outdoor activities. In additional the close proximity of a Royal project aimed at saving Sea Turtles means that we can include a visit here within the program.

In addition to individual program aims we strive to operate all our outdoor programs in a way that promote the active stewardship of our natural

resources and surroundings and encourages current and future generations to protect it, but at the same time get out into nature and enjoy it. We realize that this involves individual commitment and may not be embraced by all, but if we can have all our guests leave us with a better appreciation of the outdoors then we are some way forwards to making a difference.

#### **PRIOR TO ARRIVAL**

The department head and student welfare representative will be taken on an actual or virtual pre-visit to the site prior to the finalization of the programs to address supervisory and safety protocols and to discuss program customization and optimization. If a number of teaching staff are involved in developing the program content, it is suggested all attend the pre visit/ pre trip meeting.

As all our activities are provided in house our program and activities can be customized to the requirements of each client school.

We are happy to visit the school if required and give a presentation to the students regarding what to expect on the residential. This can be fitted into a normal school assembly/lesson.

We can also conduct a separate or dual presentation / Q & A session for parents, outlining the program and our code of practice, safety procedures, COVID-19, and child safeguarding policies.

A full copy of our code of practice outlining operation (following BS 8848:2014), safety protocols, risk assessments and our complete child safeguarding training and policy documentation along with our current liability and indemnity insurance certification will be provided in advance of the program.

The Trip leader will receive, a packing list for the students and depending on activities we are delivering, study sheets and general information that can be utilized for preparation of students prior to arrival. (Further information at the end of the trip data sheet)



### **ACTIVITY SESSIONS**

#### **GROUP SIZE AND CHALLENGE LEVEL**

Students are split into smaller adventure groups to maintain instructional standards and students will move though all adventures during the program.

A 'challenge-by-choice' approach enables each student to achieve their own successful adventure in the context of their own aspirations free from peer or instructor pressure.

We have found during adventure activities; the greatest achievements are never in terms of the distance leapt or the height climbed and that in all our adventure activities everyone has a role to play.

All challenges are age appropriate.

Each session is approximately 3 hours duration (including breaks), allowing AM or PM scheduling within the program

#### **REEF EXPLORATION**

This will be a half-day activity out to the islands just off the coast. Dive vessels will be used to transport the students and supervision will be by qualified PADI/SSI dive professionals. Students will use the dive boat as a base to study a fringing reef system. Students will be divided into rotating teams to study the ecosystem from the boat, in shallow water using mask, fins and snorkel. The students will wear life jackets at all times whilst they are snorkeling and will be supervised both in and out of the water. This activity day is intended to give the students an understanding of the ocean environment and the correct way in which to interact with it. Wild Planet staff will be briefing on the correct way to approach reefs and general good reef conservation. It is possible to also build on any work done within school prior to the residential.



#### **SEA TURTLE PRESERVATION CENTRE**

A half day trip will be taken to the Sea Turtle nursery on the island of Koh Man Nai just off the coast of Rayong. We will transfer by vehicle to the Laem Mai Pim pier where we will board a ferryboat for a journey of 30 minutes out to the island. Once on the island we will be shown round this Royal project to save the endangered sea turtles. They have a hatchery program designed to reintroduce this amazing creature back into the surrounding oceans and students can sea turtles in all stages of development and learn about the history of the turtle in the Gulf of Thailand

This is an interesting session that allows the students to see one of the efforts towards conserving the marine

environment surrounding the residential area. This Royal project has been running for many years with quite some success. If possible, we encourage the students to raise a small amount of money prior to their visit so they can make a donation on behalf of the school.

#### **COMMUNITY SERVICE – MARINE DEBRIS INVESTIGATION**

This will take place on the stretch of beach in front of the forestry park. Ocean currents mean that this small beach tends to act as a collection point for marine debris discarded along the coastal stretch. Full PPE will be provided for the students to complete this task. After collecting and tallying amounts and types of debris found, data will be analyzed, and a short presentation given by the students to the rest of the group

This is a chance for the students to give a little something back to the community, whilst the observation of the marine debris is a sobering exercise in packaging waste and failure of the local population to comprehend impact when discarding into the ocean.



### THAI CUSINE / MASTER CHEF

Students will split into small groups and learn how to prepare some basic Thai dishes which will be available at the end of the session for tasting. Students will be closely supervised and taught basic preparatory and cooking skills. Students will also be given an overview of diet and health and its relationship to traditional Thai cooking.

# **ORIENTEERING / NATURE TREK**

This activity fits in well with outdoor learning, encouraging decisions and problem solving.

We introduce map and compass skills here at an elementary level to enable the students to navigate around a number of challenge stations. Each station requires a task to be completed or observation to be made.

The format allows students to develop navigation skills progressively, rectify mistakes whilst enjoying success along with the highs and lows of gentle competition.

The tasks within this activity can be tailored to achieve a desired learning outcome and can be discussed during the initial program meetings.



### **ADDTIONAL SESSIONS & WORKSHOPS**



#### **BREAKING THE ICE**

This is something that is supervised by the Wild Planet staff and includes several activities some 'old school' some new, that encourage the group to participate and mingle outside their normal friendship groups. Some games are initiative based whilst others are pure fun.

These games are used at the start of the residential to encourage ice breaking and team building and as fillers during down time throughout the program. Teaching staff are encouraged to join in.

### **ACCOMODATION**



#### **RAYONG CHALET, RAYONG**

The resort has full facilities including meeting room facilities and restaurant sufficient to seat the entire group. There is also a swimming pool on site

Accommodation will be in triple/four share resort rooms. Rooms are all A/C with ensuite bathrooms.

# **MEALS**

The arrangements for food will be Thai style buffet, except for breakfast, which will include toast and cereal. Specific western food can be arranged if required, as can food to cater for vegetarian and other specific diets.

Water will be provided with meals.

Throughout the day, water will be available from water stations placed around the resort and activity sites. Students are also encouraged to carry their own water bottle, which can be refilled from any of these points.



#### **EMERGENCIES**

All instructors are medically trained, and the organizing staff will be provided with an evacuation plan outlining local hospitals and clinics on the Pre visit trip to the resort. The nearest local hospital is less than 15 minutes from the activity area.

Please refer to our COP and emergency procedures for further information. Transport is available on site 24 hours per day, as is mobile telephone communication.

#### **EQUIPMENT**

Full specialist equipment is provided for each student and accompanying school staff members for all activities. This will include PPE for water activities and harness and helmets for climbing activities. Full details are provided in our activity risk assessments. No student or staff member requires any previous experience, as full instruction will be given before any activity commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities. Full accident and evacuation protocols are in place for each location. A packing list can be provided detailing the clothing / personal equipment that students are required to provide as well as normal trip clothing.

### **PACKING LISTS**

Wild Planet will be supplying all equipment necessary apart from personal clothing.

Students will be required to provide (in addition to their own personal clothing):

Water bottle and head torch Footwear suitable for water use Footwear suitable for trekking use



### **SECURITY & VETTING**

PSWP instructional staff are on site 24/7 as are ancillary staff and security guard.

Your school will be the only program taking place at the Wild Lodge and during all programs the lodge is closed to outside visitors.

All PSWP instructional and ancillary staff have undergone child protection training as detailed in our CP policy documents.

# **MEDICAL & DIETARY CONCERNS**

We require full disclosure of any medical or health conditions of either student or staff member that may be of concern during the program along with information of any dietary requirements. We have a wealth of experience in this area and most medical and dietary requirements can be handled allowing students to attend the program.

#### **CONTACT INFORMATION DURING THE PROGRAM**

In line with data protection concerns we do not request an emergency contact list for all participant's but we request that the trip leader has in their possession both hard and soft copy to which they can allow access if required on program. All parental contact to be conducted via the trip leader.



# **SOCIAL MEDIA & IMAGING**

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### **SAMPLE ITINERARY**

NOTE: Activities and sessions run by Wild Planet staff. Sections highlighted are led by school staff with assistance (if required) by Wild Planet staff.

#### Day 1

09.00 Arrive Bangkok / Coach transfer to Rayong
13.00 Arrive at Resort, check into accommodation,
muster for arrival briefing and lunch
14.00 Snorkel training in pool / Ice breaker games.
17.00 Return to rooms to shower
18.00 Dinner
19.30 Evening Activities (school staff)

### Day 2

07.00 Rise 07.30 Breakfast

#### Group 1 & 2

09.00 Snorkeling and reef study 12.00 Lunch onboard the dive boat 13.00 Snorkeling and reef study 17.00 Back to resort

#### Group 3 & 4

09.00 Turtle Sanctuary visit 12.00 Lunch 13.00 Orienteering challenge/Nature Walk 18.00 Dinner

#### Group 5 & 6

09.00 Thai cuisine / MasterChef 12.00 Lunch 13.00 Beach Litter Cleanup / Analysis / Presentation 18.00 Dinner 19.30 Evening Activities (school staff)

### Day 3 & 4

All groups rotate through previous days activities, completing six activities by the end of the week.

#### **Day 5**

07.00 Rise 08.00 Breakfast 09.00 Depart Resort for Airport via coach

#### NOTE

Depending on group size the students may be split into groups for the activity periods. Each group will move to a new location after each activity period.



# TRIP DATA SHEET



PROGRAM	The Pranburi Range	DATE: START	
DURATION	5 Days 4 Nights	DATE: END	
LOCATION	Pak Nam Pran, Pranburi		
CLIENT			

Planet Scuba and The Wild Planet have over the last 30 years built a reputation for offering safe, fun and exciting adventure programs for schools, colleges and corporate groups all over Thailand.

The activity area is situated just past Hua Hin in Pranburi close to the Pranburi Marina, in Petchaburi.

The program is designed to introduce the students to the coastal area via the use of water and rope-based activities placing them in an environment they may or may not have experienced before.

In addition to individual program aims we strive to operate all our outdoor programs in a way that



promote the active stewardship of our natural resources and surroundings and encourages current and future generations to protect it, but at the same time get out into nature and enjoy it. We realize that this involves individual commitment and may not be embraced by all, but if we can have all of our guests leave us with a better appreciation of the outdoors then we are some way forwards to making a difference.

#### **PRIOR TO ARRIVAL**

The department head and student welfare representative will be taken on an actual or virtual pre-visit to the site prior to the finalization of the programs to address supervisory and safety protocols and to discuss program customization and optimization. If a number of teaching staff are involved in developing the program content, it is suggested all attend the pre visit/ pre trip meeting.

As all our activities are provided in house our program and activities can be customized to the requirements of each client school.

We are happy to visit the school if required and give a presentation to the students regarding what to expect on the residential. This can be fitted into a normal school assembly/lesson.

We can also conduct a separate or dual presentation / Q & A session for parents, outlining the program and our code of practice, safety procedures, COVID-19, and child safeguarding policies.

A full copy of our code of practice outlining operation (following BS 8848:2014), safety protocols, risk assessments and our complete child safeguarding training and policy documentation along with our current liability and indemnity insurance certification will be provided in advance of the program.

The Trip leader will receive, a packing list for the students and depending on activities we are delivering, study sheets and general information that can be utilized for preparation of students prior to arrival. (Further information at the end of the trip data sheet)



### **ACTIVITY SESSIONS**

#### **GROUP SIZE AND CHALLENGE LEVEL**

Students are split into smaller adventure groups to maintain instructional standards and students will move though all adventures during the program.

A 'challenge-by-choice' approach enables each student to achieve their own successful adventure in the context of their own aspirations free from peer or instructor pressure.

We have found during adventure activities; the greatest achievements are never in terms of the distance leapt or the height climbed and that in all our adventure activities everyone has a role to play.

All challenges are age appropriate.

Each session is approximately 3 hours duration (including breaks), allowing AM or PM scheduling within the program

#### **RAPELLING / CLIMBING CHALLENGE**

Close to the site we have a number of granite faces suitable for abseiling and climbing.

Each student will receive comprehensive instruction on how to put on a harness and check it thoroughly. They will receive basic knot instruction on tying in and also a run through of the types of descending device that can be used. At all times when the student is abseiling, they will be supported by an instructor who is in control of the descent if the student fails to control the ropes. There are also two short top roped climbs to complete. When off rope students will be supervised at all times by Wild Planet staff.

The rappelling is introduced here as a skill for the students to learn, they are instructed in the proper use of the harness and descending devices and as a result take something away from the experience rather than just a 'fairground' type thrill.





SCUBA BUBBLEMAKER PROGRAM

This is conducted in the on site swimming pool. Students will be introduced to the basics of scuba diving and make a try dive within the confines of the swimming pool. This activity is run by our SSI and PADI scuba instructors and conducted under SSI and PADI's guidelines.

Within this activity we are promoting the students learning a new skill or building on existing basics. The level of personal challenge is very much set by the students themselves.

#### **COMMUNITY SERVICE - MARINE DEBRIS INVESTIGATION**

This will take place on the stretch of beach in front of the forestry park. Ocean currents mean that this small beach tends to act as a collection point for marine debris discarded along the coastal stretch. Full PPE will be provided for the students to complete this task. After collecting and tallying amounts and types of debris found, data will be analyzed, and a short presentation given by the students to the rest of the group

This is a chance for the students to give a little something back to the community, whilst the observation of the marine debris is a sobering exercise in packaging waste and failure of the local population to comprehend impact when discarding into the ocean.





doubles. They acquire basic kayak skills and safety knowledge.

#### MANGROVE KAYAKING

One of our most popular activities, students will be taught basic forward and reverse stokes, turning strokes and rescue techniques. Several games will be played throughout the session to practice the skills. All students will practice exiting and remounting the kayak. Double sit on top kayaks will be used for the program with the supervisory staff in conventional kayaks. Sit on tops are chosen, as there is no danger of the student becoming trapped underneath an up-turned boat. During the adventure session the students will complete a short journey. They are always under close supervision of instructors and the wearing of life jackets is mandatory.

This is a fun activity that is enjoyed by the students. They work together in teams of two, as all the kayaks are

# THAM PHRAYA NAKHON, KHAO SAM ROI YOD

Located on the coast of Prachuap Khiri Khan Province, it is the first marine national park of Thailand. Khao Sam Roi Yod means "The mountain with three hundred peaks" and refers to a series of limestone hills along the Gulf of Thailand with the highest being 605m above sea level.

Phraya Nakhon Cave cave consists of two sinkholes. There is a four-gable roofed royal pavillion called Phra Thinang Khuha Kharuhat, built in 1890 for a visit by King Rama V. Subsequently it was visited by King Rama VII and King Rama IX. This pavillion became the symbol of Prachuap Khiri Khan Province. During certain hours of the day, when the sunlight shines from a particular angle, the sinkhole opening illuminates a beautiful beam of light over the pavillion, creating a spectacular view.



This day trip gets the group out into the local National park and gives the opportunity to trek some short distances to see examples of both natural and man made phenomena in the caves.

# ADDTIONAL SESSIONS & WORKSHOPS



#### **BREAKING THE ICE**

This is something that is supervised by the Wild Planet staff and includes several activities some 'old school' some new, that encourage the group to participate and mingle outside their normal friendship groups. Some games are initiative based whilst others are pure fun.

These games are used at the start of the residential to encourage ice breaking and team building and as fillers during down time throughout the program. Teaching staff are encouraged to join in.

# **OTHER INFO**

#### **BACCHUS HOME RESORT, PAK NAM PRAN**

This Resort is 2-3 stars and is situated very locally to all activities and is adjacent to the Forestry Park and rock wall used for activities.

The students will stay in three-share AC cooled hotel rooms, individual beds with en suite bathrooms.

Single rooms for teaching staff.

#### **MEALS**

The arrangements for food will be Thai style buffet, except for breakfast, which will include toast and cereal. Specific western food can be arranged if required, as can food to cater for vegetarian and other specific diets.

Water will be provided with meals.

Throughout the day, water will be available from water stations placed around the resort and activity sites. Students are also encouraged to carry their own water bottle, which can be refilled from any of these points.





#### **EMERGENCIES**

All instructors are medically trained, and the organizing staff will be provided with an evacuation plan outlining local hospitals and clinics on the Pre visit trip to the resort. The nearest local hospital is less than 15 minutes from the activity area.

Please refer to our COP and emergency procedures for further information. Transport is available on site 24 hours per day, as is mobile telephone communication.

#### **EQUIPMENT**

Full specialist equipment is provided for each student and accompanying school staff members for all activities. This will include PPE for water activities and harness and helmets for climbing activities. Full details are provided in our activity risk assessments. No student or staff member requires any previous experience, as full instruction will be given before any activity commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities. Full accident and evacuation protocols are in place for each location. A packing list can be provided detailing the clothing / personal equipment that students are required to provide as well as normal trip clothing.

#### **PACKING LISTS**

Wild Planet will be supplying all equipment necessary apart from personal clothing.

Students will be required to provide (in addition to their own personal clothing):

Water bottle and head torch Footwear suitable for water use Footwear suitable for trekking use



#### **SECURITY & VETTING**

PSWP instructional staff are on site 24/7 as are ancillary staff and security guard.

Your school will be the only program taking place at the Wild Lodge and during all programs the lodge is closed to outside visitors.

All PSWP instructional and ancillary staff have undergone child protection training as detailed in our CP policy documents.

#### **MEDICAL & DIETARY CONCERNS**

We require full disclosure of any medical or health conditions of either student or staff member that may be of concern during the program along with information of any dietary requirements. We have a wealth of experience in this area and most medical and dietary requirements can be handled allowing students to attend the program.

#### CONTACT INFORMATION DURING THE PROGRAM

In line with data protection concerns we do not request an emergency contact list for all participant's but we request that the trip leader has in their possession both hard and soft copy to which they can allow access if required on program. All parental contact to be conducted via the trip leader.



### **SOCIAL MEDIA & IMAGING**

PS and WP will not publish any details video or images of the program whilst underway Upon program completion no identifiable images will be used of students or staff for promotion of programs without prior permission/release

# ITINERARY

NOTE: Activities and sessions run by Wild Planet staff. Sections highlighted are led by school staff with assistance (if required) by Wild Planet staff.

# Day One:

0800	Depart School
1130	Arrive at Bacchus Resort, orientation, check into rooms, emergency drill
1230	Lunch
1330	Team games and challenges
1630	Supervised Recreation (Swim/Cards/Reading etc)
1730	In rooms to wash up for dinner
1800	Dinner
1900	Evening Activities
2100	Bedtime

# Day Two to Day Four: 6 Activity groups rotate through 5 activities over 3 days

0700	Wake up and Breakfast				
0800	Briefing				
0830	Activities:				
Group 1-	- SCUBA am / Climbing pm (lunch at hotel)				
Group 2 -	- Climbing am / SCUBA pm (lunch at hotel)				
Group 3 -	- Beach survey am / Kayak pm (lunch at forestry)				
Group 4 -	- Kayak am / Beach survey pm (lunch at forestry)				
Group 5 & 6 – Visit Khao Sam Roi Yod National Park (Lunch at national park)					
17.00	Arrive back at resort and back to rooms to freshen up				
1800	Dinner				
1900	Evening activity				
2100	Bedtime				

Day Five:					
0700	Wake up and Breakfast				
0800	Check out and depart resort for school				
1130	Arrive at School				



# **TRIP DATA SHEET**



PROGRAM	Expedition Northern Thailand	DATE: START			
DURATION	5 Days 4 Nights	DATE: END			
LOCATION	The Wild Lodge, Muang Khong/Muang Khut, Chiang Mai Province Thailand				
CLIENT		_			



The Chiang Dao & Mae Taeng valleys are in the Northeastern part of Chiang Mai Province, Northern Thailand. The district is almost 100 kilometers north of Chiang Mai city and encompasses some of the country's most spectacular scenery.

For this expedition we loop behind Doi Chiang Dao peak to the Muang Kong valley. Once entering the valley (where the road ends) we trek from our base camp into the forest reserve looping around to join the river which actually starts it's journey less than 100km away in the mountains of Burma before spiraling down through the valley of the same name into the Ping river, which in turn feeds the Chao Phraya on its way to Bangkok and The Gulf of Thailand. We also take the opportunity to explore Tham Khi Mi cave, which is a 1.9 km long passage transecting all the way though a hilltop.

Students will have chance to observe and pass through a number of classic caving formations as they complete the passage through the hill.



We join the Mae Taeng River just above Muang Khong and follow its route down through the valley ending at Sop Khai just above our river camp.

The complete journey is under the professional supervision of The Wild Planet and our team of Western and Thai instructional staff. Specialist equipment is provided for each student and accompanying school staff members for all activities. This will include life jackets for water sections. No student or staff member requires any previous experience, as full instruction will be given before the expedition commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities.



#### **EXPEDITION OPTIONS**

# PRE-DEPARTURE PLANNING

Wild Planet staff can visit the school for an initial pre departure meeting and can also if required make a presentation to students and parents with regards to the program and location.

It is also encouraged that the teaching staff leading the trip make a pre departure inspection visit to the site itself.

The Mae Taeng valley can be used as an adventurous journey for DofE & NYAA programs. The level of facilitation and role of Wild planet staff within the program will be discussed and documented with teaching staff in pre departure meetings.



If taking on a facilitation role then the following areas will be discussed during trip pre planning and the roles of the teaching staff/Wild Planet staff within the program documented. It is

understood however, that whatever the roles in the program, teaching staff are ultimately "in loco parentis" and responsible for any pastoral matters as per our COP.

#### **COMMUNITY SERVICE**

Sessions within the program have students engaging in useful service projects and introduce our on-site coffee initiative which encourages the growing of coffee without impact on the surrounding forest.

#### **POTENTIAL PROGRAM AIMS**

As the program progresses, we aim to help students to develop in the following areas:

- Communication
- Trust. Teamwork
- Leadership skills, Problem solving
- Co-operation, Creativity
- Resource management
- Decision making, Confidence building
- Effective feedback



### **REVIEW:**

Although a large part of the value of this program is the here and now and the student's participation in the activities, we will (depending on role) also conduct a basic review of each day, this is where the vital self-assessment and peer assessment will take place and students will begin to fully understand the consequences of decisions and actions. They will also be encouraged to acknowledge their strengths and their areas for development.

The conducting of these short informal sessions which will take place in camp each evening can be led by either WP staff or teaching staff or jointly. The format of these sessions will be discussed in pre departure meetings.

### TRAIL GROUPS & ASSESSMENT

Trail groups will be used to manage the student numbers both in CS, caving and river sections of the expedition and run as independent mini expeditions within the main group logistics.

The trail groups will all be encouraged to develop a group identity and work together as a team during the program. Review sessions at the end of each day will also discuss the level of success at the day on a group basis, competence at the activity being only one criterion. Equally important are teamwork, enthusiasm, and perseverance.



#### **CHALLENGE BY CHOICE**

Our challenge-by-choice approach enables each student to achieve their own successful adventure in the context of their own aspirations free from peer or instructor's pressure. We have found during adventure activities; the greatest achievements are never in terms of the distance leapt or the height climbed and that in all our adventure activities everyone has a role to play.

#### WILD PLANET STAFF

Staff will be on hand to lead the program, provide logistical support, training session instruction and location specific briefings. All rafts are crewed by Wild Planet raft guides and students in addition to supply rafts crewed by camp/support staff. All guides are trained in whitewater rescue and first aid.

### **EMERGENCY RESPONSE**

The trip carries both cellular phones and satellite communications on the trek and on the river.

A vehicle and emergency first response trained staff members are on call 24 hours a day.

A comprehensive first aid kit is carried on the trip and staff are WAFA /EFR trained.

Evacuation routes are pre planned from both overnight and lunch stops once on the river.



# **ROUTE/EXPEDITION DOCUMENTATION**

We can provide scans of river maps and trek routes of all the expedition areas. In addition, each trail group can have waterproof maps provided if program requires.



**ACTVITY PROGRAM ITINERARY** 

Activities and sessions run by Wild Planet staff.

Activity sessions will be in 3 groups rotating.

# Day 1 Arrival Day [Caving/Trek/Outreach/Community **Construction**]

#### Flights: TBC

08.30 Transfer to Muang Khong valley from Chiang Mai airport (approx. 2 hours) snack box provided.

Rest Stop at Chiang Dao cave.

11 30 Groups arrive at Nong Bua, camp brief/tent assignment

12.30 Lunch

13.00 Split 3 activity groups Kit check + begin activity 1-Trek/Cave

2-Outreach Coffee project (plus briefing

session on cooking/food box)

3-Community construction

18.00 Dinner prepared by Wild Planet

19.00 Project/Activity briefing

20.30 Campfire and trip expectations.

Overnight Nong Bua Camp

#### Day 2 [Caving/Trek/Outreach Community Construction]

07.00 Breakfast by WP

3-Trek/Cave

1-Outreach Coffee project (plus briefing

session on cooking/food box)

2-Community construction

All groups lunch @ Nong Bua, lunch and group 12 30

swap

2-Trek/Cave

3-Outreach Coffee project (plus briefing

session on cooking/food box)

1-Community construction

16.00 Return to Campsite

18.30 Dinner prepared by WP Overnight Nong Bua Camp

#### Day 3: [Rafting to Pak Koh Lam]

07.00 Breakfast by WP

08.00 Raft safety skills session and kit check (Packed

lunch provided by Wild Planet)

Note: 6 students/teacher per raft + 1 guide

08.45 Depart to Pa Kao Lam

16.00 Arrive in village Locate supply drop and

assigned longhouses.

18.30 Dinner prepared by students from food box

Students cooking within 3 activity groups.

19.30 break down of days activities & reflection

Overnight longhouses Pa Kao Lam

#### Day 4: [Rafting to Mae Teng]

07.00 Breakfast by Students from food box

Students preparing within 3 activity groups.

08.00 Clear out of Longhouses

08.30 Prepare boats and rafts for river expedition

and kit check (Packed lunch provided by Wild Planet)

15.30 Arrive at takeout point (Sop Kai) and deflate and pack rafts.

16.00 Arrive at Muang Khut camp

18.00 Evening meal prepared by Wild Planet

19 30 Campfire

Overnight Muang Khut Riverside Camp

# Final Day [Camp Based]

07.30 Wakeup call and breakfast

09.30 Check Out of camp and board buses.

10.00 Depart to airport.

Flights: TBC

### **EXPEDITION SECTIONS**

#### **CAMP SKILLS**

During the trip the students will be introduced to outdoor skills including meal preparation, hygene, hydration and basic campcraft.

During the overnight section in Pa Kao Lam the stidents will prepare an evening meal and breakfast from food boxes provided for them. { containg utensils, stoves and a range fo foodstuffs) They will be introduced to the food boxes and given advice on meal prep.during a session on day 1

### SKILLS TRAINING (Day 1, 2 & 3)

At opportune moments during these days WP staff will conduct skills sessions during which students will be instructed in the following areas with the emphasis being on practical training:



- Camp craft and safety, cooking and use of gas stoves
- Raft control, river safety and self-rescue.
- First aid/Heat exposure and importance of hydration

# **COMMUNITY SERVICE**

A specific program that benefits the local communities will be proposed. and discussed with teaching staff during survey visit. (see below for a sample of previous projects in the valley)

River Project Ban Mariu

This community is on the approach route into the main valley and as such falls outside governmental funding. The river takes a sharp turn next to the community playground meaning that in rainy season the high level of water can flood the community area. Students supported the banks by extending and reinforcing with wire gabions filled with river stones; which encourage the collection of silt and reinforcement of the banks making sure the river stays within its bounds during high water.





Rice Mill, You Kin Dee

Students assisted in the renovation and decoration of the physical structure along with provision of a year-round hard standing. These rice mills are funded within the community

and used by all villagers both for production of their own rice stocks and small-scale commercial farming.

#### **FUNDING**

The basic costs for the projects can either be included within the trip costs, or in the case of a major project an additional contribution can be fund raised by the school/students separately. The projects take a practical, quantifiable form. Supervision is by qualified Adventure guides with additional construction experience. (Costs are limited to materials only.

WP preparation, survey and pre trip supervision is pro bono.



# MUANG KHONG COFFEE PROJECT

Coffee is a crop that grows well in the area and as it is shade grown, does not require the destruction of trees and forest. However the down side is that the immediately harvested crop "the cherry" has a limited value until it is processed to the green bean level. The traditional way of processing requires time and space and does not always yield the best results for sale.





We hope by providing initial processing

services to the local community we can increase the profitability of coffee as a cash crop and encourage the reduction of slash and burn within the area. The Wild Planet has funded the purchase of land, construction of the processing facilities and the purchase of machinery. Operational costs as the project

continues will be self-funded. Cherry processing will be "paid for" by donations of processed beans, these beans will be roasted and packaged and sold to fund the continuation of the project.

#### TREK/CAVE SECTIONS



Part of this session will see students complete a short forest trek through the forest reserve in the Huay Din Dam region to approach and depart from the cave.

The trek will be of approximately 45 min duration each way.

During the trek the students will be physically challenged within reason and encouraged to actively take control of the pace of the groups.

#### NOTE:

Students will be tasked with day packs in which will be water, lunch and snacks

When caving the students will be issued with full caving equipment and make an exploratory journey of the Tham Khi Mai cave.

The entire cave is navigable by an able-bodied person.

This is a chance to travel though a remarkable cave and students will be able to observe large caverns, stalagtites, flowstones, false floors and many other geographical features specific to caving.

The cave is chosen because of its unique structure and the fact that any risks are are easily managed.

# **RIVER SECTIONS**

All students will be provided with PFD's and helmets which will always be worn whilst they are on or near to the river.

Before the teams depart they will receive a full briefing and training as to safety on the river. This first day the teams only have grade 1-2 moving water to contend with.

The teams will be tasked with a paddle down the river of around 5 hours to the overnight camp areas near the Red Karen village of Pa Kao Lam. Once arriving in Pa Kao Lam the groups will stow the rafts for the night and collect their tents/longhouse allotment and cooking gear (packs can be transported by road or stowed on rafts). They will then be tasked with the job of pitching camp/settling in and preparing the evening meal. After the evening meal we will relax around a camp fire. Students will be responsible for their own rafting and paddling kit throughout this section as well as stowage of rafts and drying of river gear and movement on the river. A guide will be on hand to provide expert assitance when rafting.

The following day the trail groups will continue from the overnight campsites. The second river day is approx. 5 hours to the road head and the village of Sop Khai. During the paddle, the team will come across some narrow passages and rapids in the river, which they will need to navigate. These rapids are not above a grade 2 and pose no danger to the teams other than a challenge. Wild Planet River guides will be on hand at all of the points to provide guidance.

The Wild Planet Guide boats carry full first aid kits and plenty of back up supplies and will assist the students on the river.

After reaching the road head and Sop Khai we have a further section of around 1 hour down towards the takeout point, for this section the trail runs alongside the river.

From the takeout, after deflating and packing the rafts, teams will transfer via Songtaew 20 minutes to the River camp where they will pitch camp for the night. Wild Planet staff will prepare dinner.



# OTHER INFO.

#### **CAMPING**

The students will camp during the expedition using 5 person scout tents

In addition, smaller 1-2 man tents are provided for supervisory staff on upper floors of main sala. Toilets are available with basic showers on all days. It is also possible to bathe in the river that runs alongside the camp areas.

#### **MEALS**

Food will be Thai/western buffet style. Dietary concerns (vegetarian etc.) can be catered to with prior arrangement

Water & hot drinks will be provided with meals.

A selection of provisions will be provided for the students

to enable them to make a meal plan on day one for the overnight stay in the village.

Water will also be provided during the expedition allowing students to regularly fill their personal water bottles.



#### IMPORTANT:

Since some belongings must be transported via 4WD it is imperative that the students pack with suitable garments and bags for the expedition. Hard cases and roller bags are not suitable. Normal International Youth Award Guidelines should be followed when packing. Students are not required to bring pans, stoves, or supplies, those will be provided. Further guidelines will be given to students prior to departure

#### **EQUIPMENT**

Full specialist equipment is provided for each student and accompanying school staff members for all activities. This will include PPE for water activities and harness and helmets for climbing activities. Full details are provided in our activity risk assessments. No student or staff member requires any previous experience, as full instruction will be given before any activity commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities. Full accident and evacuation protocols are in place for each location.

Individuals wishing to use their own PPE equipment must agree to it being inspected and is use is subject to its compliance to our equipment guidelines.

Wild Planet guides are trained in first aid and a full medical kit is present during all activities.



#### **PACKING LISTS**

Wild Planet will be supplying all equipment necessary apart from personal clothing, sleeping bag and footwear. Students will be required to provide (in addition to their own personal clothing:)

Water bottle and head torch Footwear suitable for river use Footwear suitable for trekking use. Light sleeping bag

#### **SECURITY & VETTING**

PSWP instructional staff are on site 24/7 as are ancillary staff and security guard.

Your school will be the only program taking place at the Wild Lodge and during all programs the lodge is closed to outside visitors.

All PSWP instructional and ancillary staff have undergone child safeguarding training as detailed in our CP policy documents.

### MEDICAL & DIETARY CONCERNS

We require full disclosure of any medical or health conditions of either student or staff member that may be of concern during the program along with information of any dietary requirements. We have a wealth of experience in this area and most medical and dietary requirements can be handled allowing students to attend the program.

#### CONTACT INFORMATION DURING THE PROGRAM

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#### **SOCIAL MEDIA & IMAGING**

PS and WP will not publish any details video or images of the program whilst underway Upon program completion no identifiable images will be used of students or staff for promotion of programs without prior permission/release